

REDHS News

Hospital Rebuild

Revised stages of our re-build are:

→ Stage 1

**anticipated completion date June 2024*

- **Aged Care Stage 1**
30 beds
- **Acute Hospital & Urgent Care**
- **Support Services**
Kitchen, Stores, Laundry

→ Stage 2

**anticipated completion date October 2024*

- **Community Care**
Home Care, Allied Health, GP Clinic, SSG
Function Room, Administration, Reception

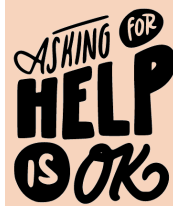
→ Stage 3

**anticipated completion date December 2024*

- **Aged Care Stage 2**

*(*assuming no major delays/interruptions)*

*Photos of
recent internal and
external building
works*



Mental Health and Wellbeing Support

If you or someone you know is experiencing distress following the flood events, there are a range of services available, with most providers offering free access and immediate support including:

- **Rochester Recovery Hub** - 48 Mackay Street, Monday to Friday, or call 1300 666 535, press 2. The Hub is now open until 7pm on Thursdays. Drop ins are most welcome.
- **ERH Mental Health and Wellbeing Support Program** - call 5485 5800 or 1800 560 760.
- **Bendigo Health and Wellbeing Hub** - call 0409 539 267 or 1300 375 330.
- **MIND Australia** - drop into the Rochester Recovery Hub any day or call 1300 286 463, visit www.mindaustralia.org.au,
- **Rochester Community House** - 43 Mackay Street, call 5484 3600, Mondays and Thursdays.
- **Emergency Recovery Victoria** - call 1800 560 760
- **Anglicare Victoria** - drop into the Rochester Recovery Hub or call 5482 0900.
- **Bendigo Community Health** - call 5406 1200
- **REDHS Social Worker** - offers support for individuals, families and carers - call 5484 4400.

Dietician Services



Did you know that Dietitians can support you in improving your health by providing expert nutrition and dietary advice?

Dietitians can also help you manage health conditions, such as:

- Diabetes
- Heart disease
- Malnutrition
- Gastrointestinal diseases
- Obesity
- Food allergies and intolerances
- Renal disease and many more

REDHS Dieticians, Katherine and Lucy (*pictured below*) work out of our Elmore site in Jeffrey Street, and are available for appointments.

To find out more information or to make an appointment call 5484 4400.



Urgent Care

located at 40-44 Moore Street
Rochester, 8:30am - 5:00pm
Monday to Friday
Call 0428 358 892

