



# ROCHESTER & ELMORE DISTRICT HEALTH SERVICE

## More than a hospital

Pascoe Street, Rochester  
PO Box 202, Rochester Vic 3561.  
Tel: 5484 4400  
Website: [www.redhs.com.au](http://www.redhs.com.au)

### SERVICE PROFILE – RESIDENTIAL CARE

A total of 60 residential aged care service beds are available at REDHS to provide accommodation and support for people who can no longer live at home. This consists of a 30 bed Nursing Home and a 30 bed Hostel which includes a 10 bed dementia specific unit. Other services provided within the Nursing Home and Hostel are respite care and Transition Care Program.

The buildings are purpose built and contemporary having been refurbished to provide homely spaces for residents to enjoy meals and activities. Our landscaped outdoor areas also provide a place for residents to enjoy time with family and friends.

### PLACES IN RESIDENTIAL CARE

REDHS has traditionally had waiting lists for both the nursing home and hostel, as well as for respite placement. With increased community support and programs to assist people to remain at home longer, the pressure on our waiting lists has been reduced and vacancies are becoming available more

regularly. Queries regarding places can be addressed with our Aged Care Manager by calling 5484 4461.

### RESPIRE CARE

Community members often have a family member or friend who provides care and support to help them continue to live at home. However carers sometimes also need support and the occasional break. REDHS can provide respite care either through Planned Activity Group (PAG) which is held on Monday, Wednesday and Friday or Residential Aged Care facilities which are available for up to 63 days per year/person.

### TRANSITION CARE PROGRAM (TCP)

TCP is a program designed to improve independence and confidence immediately after a hospital stay. It can also assist participants to determine future living arrangements whether at home or in care. REDHS provides TCP in our Acute ward and in the community. This can be arranged for up to 12 weeks.



### RESIDENT PROFILE

Isobel Burns has been a resident of REDHS Residential Aged Care since April 2014. Isobel made the transition to REDHS from her home in Rochester and loves being at REDHS. She says “It’s very pleasant here and everyone is very nice to me”.



### VOLUNTEER PROFILE

John Pallot has been volunteering at REDHS for approximately eight years. John has lived in Rochester for 14 years and loves visiting the residents. He generally assists residents with their daily activities. John also volunteers at St John of God in Bendigo, the Lions club and he loves listening to music and cooking. Thank you John, for the wonderful contribution you make to our residents and their families.



### STAFF PROFILE

This month's staff profile features Aged Care Business Support Officer, Tania Else. Tania has been a member of the REDHS team for 13 years and is a local Rochester resident, having grown up in town and settling here with her family. Families who are considering aged care can meet with Tania to discuss the financial aspects of admission. Tania is also responsible for HR Support throughout REDHS.