



New Era In Primary Care at REDHS

This month, REDHS welcomed a new era for our Primary Care services, with Sam Campi commencing as manager of the department.

Sam comes to REDHS with a wealth of experience in public health including his most recent role as Chief Executive Officer of Honeysuckle Health in Violet Town. As CEO Sam oversaw two sites and several services including residential aged care, supported residential services, transition care program, Home and Community Care, Planned Activity Groups, mental health and a Chronic Care Outreach program.

Sam has also held roles as Executive Officer for Goulburn Valley Primary Care Partnership and Corporate Services Manager at Numurkah and District Health Service.

His first impressions of REDHS are that it is "a well run organisation and has a clear community focus". Sam says REDHS has great staff who are willing to support the community and each other in delivering the highest level of care to the communities it works within. He likes that it is a forward

thinking organisation with strong leadership. "I believe I have joined a great team and am going to enjoy my role at REDHS".

Over the next 12 months, as REDHS enters a new phase of strategic planning for the next four years, Sam is keen to ensure that the Primary Care department maintains its strong position within the organisation. Sam will seek ways of improving services for the community and engage the community in providing valuable feedback for decision making processes. Sam says "REDHS Primary Care has a very strong team that is very committed to the care of this community and I hope to simply nurture this enthusiasm and passion for high level community care in a proactive and supportive way". We welcome Sam and wish him all the best in his role at REDHS.

Pictured above; Primary Care Manager Sam Campi (centre) with Steph Gray, left (Primary Care Administration Assistant) and Meaghan Sully (Allied Health Team Leader).

More Than a Hospital

Vision

REDHS is widely recognised for excellence in responsive, sustainable rural health services and compassionate care

Values

- Respect, dignity and understanding
- Equity, access, participation and consultation
- Diligence, responsibility and accountability
- Honesty, trust, fairness
- Service, professionalism and ongoing improvement and innovation

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Message from CEO

I am pleased to present the first of our new quarterly publications. Previously, we have published a monthly page in the Campaspe News, Lockington News and Elmore Progress Association however after some consumer feedback, we will now be printing our new quarterly magazine.

This issue showcases our Executive team and some exciting work which has already taken place in what is looking like a very productive year for REDHS. Much work has taken place over the last 12 months on our website and more and more information is being provided at www.redhs.com.au. If you have stories or services you would like to see featured in our new quarterly publication, we would love to know. Please

contact our communications department on 5484 4328 to suggest any stories of interest.



Anne McEvoy
Chief Executive Officer

Meet our Executive Team



Anne McEvoy,
Chief Executive Officer

What is the best part about your role at REDHS?

The most rewarding part of my role as CEO is working collaboratively with the Board, staff and our Doctors to deliver services that are relevant to the needs of Rochester and Elmore District.

What are your plans for 2016 at REDHS?

My plans for this year are to facilitate the creation of a new 4 year REDHS strategic plan which will focus on the health needs of the community in particular the areas of aged care, home and primary care services and electronic health strategies.

Any hobbies or interests or any other info you'd like to share?

I understand the importance of maintaining Work/life balance so as to "keep the batteries charged" and hence enjoy playing netball for Colbinabbin, usually tennis in Summer and in between times running and boxing! I appreciate being part of the Colbinabbin community and enjoying time with my family and friends.

Ali Dobson, Organisational Development Manager

What is the best part about your role at REDHS?

Working with such professional and caring staff.

What are your plans for 2016 at REDHS?

Continue to enhance REDHS great culture and build on the work done around this in 2015.



Mark Nally, Director of Clinical Services

What is the best part about your role at REDHS?

Being a part of a team of people who really care for their community and are focused on providing great care that is person centred.

What are your plans for 2016 at REDHS?

2016 is a time to check to ensure that the focus of REDHS is aligned with the community needs. There have been various models that have helped guide the direction of services provided and we must always monitor our progress and never presume that the community needs are the same. This will include working collaboratively with other health services to ensure health needs are covered without duplication.

Any hobbies or interests or any other info you'd like to share?

Bike riding either Mountain or road bike is my way of keeping fit and enjoying the camaraderie of sport-minded people. My realisation for the modern world pressures comes when riding my horses. I also have an interest in Men's Health and have engaged in various events to support health promotion in general.



Glenn Howlett, Director of Medical Services

What is the best part about your role at REDHS?

I love working with our skilled and dedicated visiting medical staff to continually improve services to the local community.

What are your plans for 2016 at REDHS?

This year, I plan to continue to grow the medical workforce in the region through collaboration with neighbouring health services, including Echuca Regional Health where I am also the Chief Medical Officer.

Any hobbies or interests or any other info you'd like to share?

I am a Blues supporter – enough said!

LIAF Generator Funding

During 2015 Rochester and Elmore District Health was successful in obtaining Local Infrastructure Asset Funding (LIAF) towards the upgrade or addition of a generator to support aged care services at the health service.

REDHS Board of Management decided to dedicate the funding towards the replacement of the existing generator, with a generator that would support the requirements of the entire REDHS site in the case of a significant power outage.

During the course of the project, further works were identified that were required to ensure the main switchboard at REDHS was able to accommodate this new piece of equipment. These works involved a planned power outage on Saturday 6 February. During the power outage, REDHS was well supported with the CFA providing a truck and volunteers to support REDHS emergency management requirements. Cadell Trading also provided a refrigerated truck to ensure that refrigerated and frozen products were not spoiled during this time. REDHS Board of Management would like to thank these organisations for their support during this time, and also the staff, volunteers and families on the day who ensured that REDHS's high level of patient and resident care was maintained during the power outage.

The new generator was installed on Tuesday 9 February with electrical inspectors signing off on the project. Local electrical contractor CMS Refrigeration was responsible for the electrical work on the project. Gencare was the supplier of the generator.

Pictured are Roger from Gencare, Craig Skeers and Liam from CMS Refrigeration and Brett Shotton, Maintenance Supervisor REDHS.



Clare Ireland, Corporate Services Manager

What is the best part about your role at REDHS?

There is never a dull moment. The role as Corporate Services Manager touches on so many different aspects of the health service, there are always plenty of projects to be involved in. The most exciting challenges presented is seeing how as a health service we can improve the utilisation of our systems to ensure great outcomes for all of our clients.

What are your plans for 2016 at REDHS?

There will need to be a focus on how REDHS implement aspects of eHealth into our service and ensuring our plans for electronic record management for the future are flexible enough to cover the many aspects of our health service, from community health to Aged Care.

Any hobbies or interests or any other info you'd like to share?

I love small communities, as there are so many opportunities to be involved and have an impact on what happens in our community. I love sport, especially netball (although my playing days are near an end!), yoga and running. I enjoy reading and baking cakes, in my spare time. My three little boys would prefer me to not have spare time and would rather me to take them swimming or bike riding.



Grateful For Grants

Over the past few months, REDHS has been fortunate enough to receive funding for various areas of the health service including:

Old Time Dance – \$1200 received from the Shire of Campaspe's Seniors Program Grants will be put to good use by hosting an old time dance for our aged care residents, their family and friends. The dance will be held on Friday 18 March in our Function Room and will no doubt provide much joy and reminiscing for our residents with hit music and popular dances from times gone by. REDHS is grateful for the involvement of the Rochester Senior Citizens and Probus clubs, both offering to assist in organising and facilitating the day. Although numbers are limited, any community members who feel they would benefit from attending the dance are encouraged to make enquiries with our Activities department on 5484 4439.

Maggie Beer's Wellbeing Garden – REDHS was thrilled to receive a \$2500 grant from the Maggie Beer Foundation's Wellbeing Gardens Program which will be put towards redeveloping and adding to existing gardens in aged care. The program acknowledges the many health benefits of gardening,

including the satisfaction of creating an edible garden, the joy of growing flowers, the sense of achievement in tending to plants or simply having a space to enjoy the fresh air with family and friends. REDHS has established a working party which includes residents, staff and volunteers to plan and decide on the features of the garden. The plans so far include new soil for the community garden, levelling some existing garden areas and the possible additions of water features and chooks.

Occupational Violence Funding – REDHS was one of 18 regional health services to receive funding from the Victorian State Government in an effort to prevent violence against staff. The \$53,000 received will purchase safety glass, extra CCTV points and an access control system. This will provide improved security and reassurance for our staff members particularly night duty staff and those working in public access areas such as the Urgent Care Centre.

New Nursing Graduates for REDHS

REDHS has a long history of employing nursing graduates, many of whom have completed student placements in one of our clinical departments.

REDHS provides graduates with a career path in which they can continue their learning under the guidance of our more experienced clinicians and in the past they have proven to be fast learners, very adaptable and enthusiastic.



Stacey Paynter

Clinical area: Nursing

Studied at: University of the Sunshine Coast

Looking forward to: Meeting a diverse range of new people and having new experiences.

Hobbies: Reading, watching movies, playing netball.



Trupti Gaonkar

Clinical area: Nursing

Studied at: Latrobe University, Shepparton

Looking forward to: Working in a new place, with new staff and learning new skills

Hobbies: Cooking



Zoe Allcock

Clinical area: Nursing

Studied at: Latrobe University, Bendigo

Looking forward to: Learning new skills and becoming a better nurse

Hobbies: Play sport and exercise



Brigitte Hill

Clinical area: Nursing

Studied at: Charles Sturt University, Wodonga

Looking forward to: New opportunities

Hobbies: Irish dancing and cooking



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