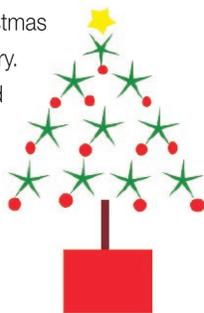


CHRISTMAS ARRANGEMENTS AT REDHS

- Please be advised that REDHS reception will be closed on Wednesday 23 December and again from 12.30pm on Thursday 24 December through to Monday 4 January 2016.
- REDHS Primary Care services will be closed from Wednesday 23 December and reopen on Monday 4 January.
- Planned Activity Group will have their last session for participants on Monday 21 December and will return Monday 18, January 2016.
- District Nursing Services will continue to operate over the Christmas and New Year period, with the exception of Christmas (25 December). The District Nurses can be contacted on 5484 4422.
- Radiology will provide services on 24 December and will then close until Monday 4 January 2016.
- Campaspe Medical Centre will close on Christmas Eve and will return on Tuesday 29, December and will close again for New Year's Day on Friday 1, January 2016.
- Dorevitch Pathology will close on Christmas Eve and reopen on Monday 4th January.

The Board of Management, Executive and staff would like to wish our community a very merry Christmas and a healthy and prosperous new year. We extend our sincere appreciation for the support from all our clients, residents, patients and their families throughout 2015.



REDHS CEO Anne McEvoy thanking the REDHS volunteers.

VOLUNTEERS CHRISTMAS LUNCH

On 8 December, REDHS hosted its annual Volunteers Christmas lunch with approximately 80 volunteers attending. Guests enjoyed a traditional Christmas lunch of roast turkey and vegetables, ham off the bone, followed by pavlova and Christmas pudding. CEO Anne McEvoy thanked the volunteers for the wonderful contribution they make to residents, patients, clients and family members. Staff member Deb Leed provided the entertainment with an interactive Christmas story, generating lots of laughter and Christmas cheer. REDHS is proud to have a total of 120 volunteers who assist in many and varied ways. We wish all our volunteers a very happy and safe Christmas and look forward to working with you again in 2016.



QUALITY OF CARE REPORT

REDHS recently completed its Quality of Care Report, showcasing new initiatives, improvements and clinical programs throughout 2014/15. The Report was distributed recently in the Campaspe Valley News however if you missed the newspaper, you can collect a copy of the Report from REDHS reception or it can be accessed on our website at www.redhs.com.au/aboutus/publications

NATIONAL RESPITE FOR CARERS PROGRAM

Do you care for a relative who is either a frail older person or someone with a disability or chronic illness? If yes, you may be entitled to some respite through the National Respite for Carers Program (NRCP). The Program acknowledges that caring for someone who is unable to look after themselves is a physically and emotionally demanding commitment. NRCP understands that from time to time, in order to keep providing great care, carers often need the occasional break. This break is called respite. NRCP is available through REDHS for eligible clients and is delivered in the following situations:

- Weekday centre based respite – this consists of the care recipient attending a supervised day program;
- Weekday in home respite – this option is for those caring for people with dementia and dementia related conditions;
- Weekend respite – this is available on an annual basis and is available to eligible clients.

If you or someone you know is a carer and needs more information on the National Respite for Carers Program, please contact the REDHS Primary Care team on 5484 4465.