

Living with Cancer Education Program



Information and support from experts and others affected by cancer.

This free program can help make sense of cancer for you, your family and friends.

Hear presentations from health professionals about:

- Getting the most out of your healthcare team
- Dealing with treatments and side effects
- Learning how to relax and manage stress
- Communicating with family, friends and colleagues

You'll also have the opportunity to share stories and tips with others going through a similar experience. Lunch and refreshments will be provided.

Date:

Time:

Venue:

Refreshments are provided. To find out more, or to book your spot please contact

on

or

"It was high quality information in a really relaxed setting, which was great. I felt like I could ask anything."
Chris, previous participant.