

COUNSELLING/ SOCIAL WORK

Monday, Tuesday, Wednesday,
Thursday
8.30 am – 5.00 pm

DIABETES EDUCATOR

Thursday
9.30 am – 4.30 pm

DIETITIAN

Tuesday and Wednesday
8.30 am – 5.00 pm

DRUG AND ALCOHOL COUNSELLOR

Friday
10.30 am – 3.30 pm

FOAP EXERCISES

Thursday
10.00 am – 11.00 am
Community House

HEALTH PROMOTION ACTIVITIES

Monday and Friday
8.30 am – 5.00 pm

NEEDLE SYRINGE PROGRAM

Monday, Tuesday, Wednesday,
Thursday
8.30 am – 4.30 pm

OCCUPATIONAL THERAPIST

Wednesday
8.30 am – 5.00 pm

PHYSIOTHERAPIST

Wednesday and Thursday
8.30 am – 5.00 pm

PLANNED ACTIVITY GROUP

Monday, Wednesday and
Friday
9.30 am - 3.00 pm

PODIATRIST

Monday, Tuesday, Friday
HACC and community
8.30 am – 5.00 pm

PSYCHOLOGIST

Monday and Tuesday
9.00 am – 5.00 pm
Phone 0433 923 578

RADIOGRAPHER (X/RAY)

Tuesday, 9.30 am – 4.00 pm
Thursday, 9.30 am – 2.30 pm
Appt. necessary
Bulk billed

STRENGTH AND BALANCE

Monday 9.00 am – 10.00 am
Community House

FOR ALL COMMUNITY HEALTH APPOINTMENTS

5484 4465

What's happening at your health service

Christmas Arrangements

The Main Reception, Community Health and Administration areas will close on Thursday 24 December 2009 and will reopen on Monday 4 January 2010. During this period access will be available via the Accident and Emergency Entrance, in line with standard 'After Hour' practice.

From December 25, 2009 until Sunday January 3, 2010

Access is via the Accident and Emergency entrance. To access this door, please enter via the Pascoe/ Mackay Street gate and follow the road along the east of the facility. Signage is in place indicating directions. Parking is available in the original front car park, and two short term parking bays are available near the ambulance entrance.

Emergency Presentations:

Access is at all times via the Accident and Emergency entrance.

Day Procedure Unit at REDHS

The new Day Procedure Unit doors opened to patients on Monday 30 November 2009. Ten patients had procedures ranging from removal of skin cancer lesion to gastroscopy and colonoscopy.

Expert staff from Echuca Regional Health Theatres worked with REDHS staff and assisted in delivering patient care. Surgeon Matt Oliver and Anaesthetist Robin Waspe ensured that all patients received expert care, and both commented on the high standard of the facilities of the new DPU.

All staff involved in making the day a success are to be congratulated for their dedication and professionalism.

Bushfire Preparations at REDHS

Work is continuing on preparing a Bushfire Emergency Management Plan, a planned response to the potential risk of bushfires. To assist with completion of the plan, staff and aged care residents are being surveyed to capture information that will be vital to the plan.

When the plan is finalised, staff will be provided with education and training to assist them to respond appropriately, should REDHS be faced with having to enact the emergency response plan. Residents and their families will also receive information and education so that they fully understand the requirements of the plan.

COMMUNITY HEALTH CHRISTMAS ARRANGEMENTS

Community Health Reception will close on Wednesday, December 23, 2009, and reopen on Monday, January 4, 2010. Arrangements for the Christmas period for specific services are as follows:

FOAP Exercises (Fitness for Older Adults program)

FOAP Exercises will not be available on Thursday, December 21 and Thursday, December 28, 2009.

Classes will resume on Thursday, January 7, 2010 at Rochester Community House, Mackay Street, at a cost of \$4.00. For further information contact Community Health on 5484 4465.

Physiotherapy

The physiotherapy service will close on Thursday, December 17 and reopen on Wednesday, January 6, 2010. An inpatient and outpatient physiotherapy service will be available again in the new year on Wednesdays and Thursdays, appointments by referral. For further information please phone Community Health on 5484 4465.

Diabetes Educator

Our new Diabetes Educator, Leanne Rankin is available on a part time basis. Clients are able to attend with a GP's referral or self referral is accepted. For further information or bookings please phone Community Health on 5484 4465

Counselling/ Social Work

This service is available to anyone who has issues; it could be that the drought is causing you stress, the loss of a relative, financial difficulties or any other emotional upheaval.

Appointments can be made by phoning Community Health on 5484 4465.

REDHS Radiology Service – (X/Ray)

REDHS Radiology Service is held on Tuesdays and Thursdays at Elmore Medical Practice, Elmore, by appointment with a referral from a GP or other health professional. For appointments or any queries phone Community Health on 5484 4465.

The service will close for the Christmas break on Thursday, December 17, 2009 and reopen on Tuesday, January 12, 2010.

Podiatry

The HACC Podiatrist will be unavailable for consultation from Monday, December 21, 2009 until Monday, January 18, 2010.

Our HACC funded services are jointly funded by Australian and Victorian Governments under the HACC program.

Private Podiatrist

Aged Foot Care Australia provides a DVA & private podiatry service at REDHS. Availability over the Christmas period can be provided by Community Health Reception on 5484 4465.

Planned Activity Group

The last day of Planned Activity Group for 2009 will be Wednesday, December 16, 2009. The service will resume in the New Year on Monday, January 11, 2010.



*The Board of Management, Executive and Staff of the
Rochester & Elmore District Health Service
would like to take this opportunity to
wish everyone a joyous Christmas and a
prosperous New Year, and most especially
we wish our community good health!*