



What's Happening at Your Health Service

REDEVELOPMENT

Stage 3 is closing rapidly with finishing trades on site. Final fit off of services and floor coverings have commenced and internal painting is almost complete. As landscaping and road works continue the final product is beginning to take shape as all external construction is now complete.

New signage will be erected in the coming weeks and will assist all involved in navigating around the Health Service. REDHS Staff are now finalising furniture and fittings for the last stage and are gearing up for the final move.

SUSTAINABLE FARM FAMILIES PROGRAM

The Sustainable Farm Families Program is an award winning initiative of Western District Health Service, Hamilton, which is delivered by REDHS in partnership with the Victorian Department of Primary Industries.

Farming men and women from Rochester and surrounding districts will be attending the program this week at the Shire Chambers, Rochester. Workshops are free of charge and cover a range of health topics including cardiovascular disease, diabetes, stress, injury, depression, anxiety, nutrition and exercise, as well as a one-on-one physical assessment.

The program in Rochester will be led by local registered nurse and diabetes educator, Leanne Rankin who noted that at previous workshops, some participants had been identified as having significant risk factors for diseases such as diabetes, cardiovascular disease and arthritis, which could have otherwise gone unchecked.

AGED CARE ACCREDITATION - UNANNOUNCED SUPPORT VISIT

As part of the requirements for maintaining our aged care accreditation status, we receive "Unannounced Support Visits" from Aged Care Standards and Accreditation Agency assessors. One such visit occurred last week with assessors targeting the areas of Environmental Safety and Hazard Control in both the Hostel and Nursing Home.

The assessors were very complimentary in reporting their findings, noting that they found considerable evidence of continuous improvement activities, that maintenance systems and processes are in good order and that our chemical storage system is excellent. They spoke to many residents and their families and received very positive feedback, and were also impressed by the high quality of the resident care plans.

All staff are to be congratulated on maintaining their commitment to the high quality service provided across the entire facility.